

# EXERCISE: IDENTITY IN CHRIST

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Below is a list of truths about your new identity in Christ. Give each statement below a 1, 2, 3, or 4 using these definitions:

**1 = I do not believe this.**

**2 = I struggle to believe this.**

**3 = I believe this in my head.**

**4 = I believe this in my head and in my heart.**

## IN CHRIST...

\_\_\_\_\_ I am God's child.

To those who believed in his name, he gave the right to become children of God.

(JOHN 1:12)

\_\_\_\_\_ I am Christ's friend.

I have called you friends, for everything that I learned from my Father I have made known to you. (JOHN 15:15)

\_\_\_\_\_ I belong to God.

You were bought at a price. (1 COR. 6:20)

\_\_\_\_\_ I am hidden with Christ in God.

For you died, and your life is now hidden with Christ in God. (COL. 3:3)

\_\_\_\_\_ I am chosen.

In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will.

(EPH. 1:11)

\_\_\_\_\_ I am holy and blameless.

For he chose us in him before the creation of the world to be holy and blameless in his sight. (EPH. 1:4)

\_\_\_\_\_ I am the light of the world.

You are the light of the world...let your light shine before others, that they may see your good deeds and glorify your Father in heaven. (MATT. 5:13-16)

\_\_\_\_\_ I am the salt of the earth.

You are the salt of the earth. (MATT. 5:13)

\_\_\_\_\_ I am a joint heir with Christ, sharing his inheritance with him.

...we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory. (ROM. 8:17)

\_\_\_\_\_ I am a new creation.

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! (2 COR. 5:17)

\_\_\_\_\_ I am one in Christ.

So in Christ Jesus you are all children of God through faith...There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus. (GAL. 3:26-28)

\_\_\_\_\_ I am a saint.

But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ. (1 COR. 6:11)

\_\_\_\_\_ I am righteous and holy.

...and to put on the new self, created to be like God in true righteousness and holiness. (EPH. 4:24)

\_\_\_\_\_ I am an expression of the life of Christ.

When Christ, who is your life, appears, then you also will appear with him in glory. (COL. 3:4)

\_\_\_\_\_ I am a child of light and not of darkness.

You are all children of the light and children of the day. We do not belong to the night or to the darkness. (1 THESS. 5:5)

\_\_\_\_\_ I am a stranger to this world in which I temporarily dwell.

I urge you, as foreigners and exiles, to abstain from sinful desires, which wage war against your soul. (1 PETER 2:11)

\_\_\_\_\_ I am an enemy of the devil.

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. (1 PETER 5:8)

\_\_\_\_\_ I am born of God; the evil one cannot touch me.

...the One who was born of God keeps them safe, and the evil one cannot harm them. (1 JOHN 5:18)

\_\_\_\_\_ I am one of his sheep; therefore, I have everything I need.

The Lord is my shepherd, I lack nothing...He guides me along the right paths for his name's sake. (PSALM 23:1-3)

\_\_\_\_\_ I am a partaker of a heavenly calling.

Therefore, holy brothers and sisters, who share in the heavenly calling, fix your thoughts on Jesus, whom we acknowledge as our apostle and high priest. (HEB. 3:1)

\_\_\_\_\_ I am God's workmanship, not finished yet.

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. (EPH. 2:10)

\_\_\_\_\_ I am an heir of God and one in Christ.

So you are no longer a slave, but God's child; and since you are his child, God has made you also an heir. (GAL. 4:6-7)

- \_\_\_\_\_ I am a citizen of heaven.  
But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ. (PHIL. 3:20)
- \_\_\_\_\_ I am forgiven.  
In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace. (EPH. 1:7)
- \_\_\_\_\_ I am included.  
You also were included in Christ when you heard the message of truth, the gospel of your salvation. (EPH. 1:13)
- \_\_\_\_\_ I am near to God through Christ's blood.  
But now in Christ Jesus you who once were far away have been brought near by the blood of Christ. (EPH. 2:13)
- \_\_\_\_\_ I am secure.  
You are...fellow citizens with God's people and also members of his household, built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. (EPH. 2:19-20)
- \_\_\_\_\_ I am a dwelling for the Holy Spirit.  
And in him you too are being built together to become a dwelling in which God lives by his Spirit. (EPH. 2:22)
- \_\_\_\_\_ God's power works through me.  
I became a servant of this gospel by the gift of God's grace given me through the working of his power. (EPH. 3:7)
- \_\_\_\_\_ I am complete in Christ.  
For in Christ all the fullness of the Deity lives in bodily form, and in Christ you have been brought to fullness. He is the head over every power and authority. (COL. 2:9-10)
- \_\_\_\_\_ I am not alone.  
The Lord your God goes with you; he will never leave you nor forsake you. (DEUT. 31:6)
- \_\_\_\_\_ I have the mind of Christ.  
We have the mind of Christ. (1 COR. 2:16)
- \_\_\_\_\_ I am dearly loved.  
As God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. (COL. 3:12)
- \_\_\_\_\_ I am set free.  
Through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. (ROM. 8:2)

\_\_\_\_\_ I am free from the power of sin.

For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin.

(ROM. 6:6)

\_\_\_\_\_ I am no longer condemned. I am free from condemnation.

Therefore, there is now no condemnation for those who are in Christ Jesus.

(ROM. 8:1)

\_\_\_\_\_ I am safe.

But the Lord is faithful, and he will strengthen you and protect you from the evil one. (2 THESS. 3:3)

\_\_\_\_\_ I am more than a conqueror.

No, in all these things we are more than conquerors through him who loved us.

(ROM. 8:37)

\_\_\_\_\_ I am protected.

My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one will snatch them out of my hand.

(JOHN 10:27-28)

\_\_\_\_\_ I cannot be separated from the love of God.

Neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. (ROM. 8:31-39)

\_\_\_\_\_ I am united with the Lord, and I am one with him in spirit.

But whoever is united with the Lord is one with him in spirit. (1 COR. 6:17)

\_\_\_\_\_ I have been chosen and appointed to bear fruit.

You did not choose me, but I chose you and appointed you so that you might go and bear fruit. (JOHN 15:16)

\_\_\_\_\_ I am a branch of the vine, Jesus Christ, and a channel of his life.

I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit. (JOHN 15:5)